

NONOPEP RECOMMENDATIONS

GENERAL CONSIDERATIONS

- These guidelines should take into account the individual context to provide the best response to each situation
- If indicated , the treatment of choice is triple therapy unless specified
- The treatment has to start the earliest possible and not later than 72 hours
- The duration of treatment is 28 days
- In case of patient source known to be infected by HIV, adapt the choice of therapy to the genotype of patient source if available
- Do not use ABACAVIR, or NEVIRAPINE (risk of hypersensitivity reaction)
- If EFAVIRENZA is needed possibility of pregnancy should be excluded

		Type of Exposure (unprotected sex, broken/slippery condom, misuse of condom)							
S E X U A L E X P O S U R E	Source (characteristics of the sexual partner)	Anal receptive / passive	Vaginal receptive / passive	Anal or vaginal insertive / active	Oral receptive / passive with ejaculation	Oral receptive / passive without ejaculation	Oral insertive/active *	Cunilingus*	
		HIV+ untreated or treated with detectable viral load	Recommend	Recommend	Recommend	Recommend	Consider	Discourage	Discourage
		HIV+ treated with undetectable viral load (last measure within the last 3 months) and no additional risk factor(s) (3)	Consider	Consider	Consider	Consider	Discourage	Discourage	Discourage
		HIV status unknown from <u>high</u> prevalence group (1) / area (2) <u>with</u> additional risk factor(s) (3)	Recommend	Recommend	Recommend	Recommend	Consider	Discourage	Discourage
		HIV status unknown from <u>high</u> prevalence group (1) / area (2) <u>without</u> additional risk factor(s) (3)	Recommend	Consider	Consider	Consider	Discourage	Discourage	Discourage
		HIV status unknown from <u>low or unknown</u> prevalence group (1)/ area (2) <u>with or unknown</u> additional risk factor(s) (3)	Consider	Consider	Consider	Consider	Discourage	Discourage	Discourage
		HIV status unknown from <u>low</u> prevalence group (1)/area (2) <u>without</u> additional risk factor(s) (3)	Consider	Discourage	Discourage	Discourage	Discourage	Discourage	Discourage
		Rape (except use of condom or recent negative HIV status of the rapist)	Recommend	Recommend	Recommend	Recommend	Consider	Discourage	Not applicable

(1) High prevalence group :
 - Homo - b sexual men
 - IV drug users
 - Prostitutes (M + F)

- History of sexually transmitted infection(s)
 - Multiple sexual partners
 - (ex) Prisoners

* if exposure to potential infective fluids : refer to mucosal exposition

(2) Area with high HIV prevalence : >2% in the general population (see <http://www.unaids.org/en/KnowledgeCentre/HIVData/Epidemiology>)

(3) Additional risk factors :
 - Genital ulcers
 - Sexually transmitted infection(s)
 - Bleeding during intercourse

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NEEDLE STICK EXPOSURE	Source	Drug users		Other situations	
		Needle sharing	Sharing of other material (1)	Accidental exposure to abandoned needle stick (garden, parc, beach,...)	Aggression with a needle
	HIV + / HIV status unknown	Recommend	Recommend	Consider if additional risk factors (2)	Consider if additional factors (2)

(1) syringe, spoon, filtre/coton, rinsing fluid, filter/coton,rinsing fluid

(2) additionnal factors : fresh visible blood in syringe,deep injury

EXPOSURES	Source	Exposure to body fluids (blood, genital secretions...)		
		Bite	Non intact Skin	Mucosal exposition
		HIV+/HIV status unknown from high prevalence group (1) / area (2)	Consider only if blood in mouth of the assaulter	Consider
HIV status unknown from low HIV prevalence group (1) / area (2)	Discourage	Discourage	Discourage	

(1) High prevalence group :
 - Homo - b sexual men
 - IV drug users
 - Prostitutes (M + F)
 - History of sexually transmitted infection(s)
 - Multiple sexual partners
 - (ex) Prisoners
 - Sex groups

(2) Area with high HIV prevalence : >2% in the general population (see <http://www.unaids.org/en/KnowledgeCentre/HIVData/Epidemiology>)

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